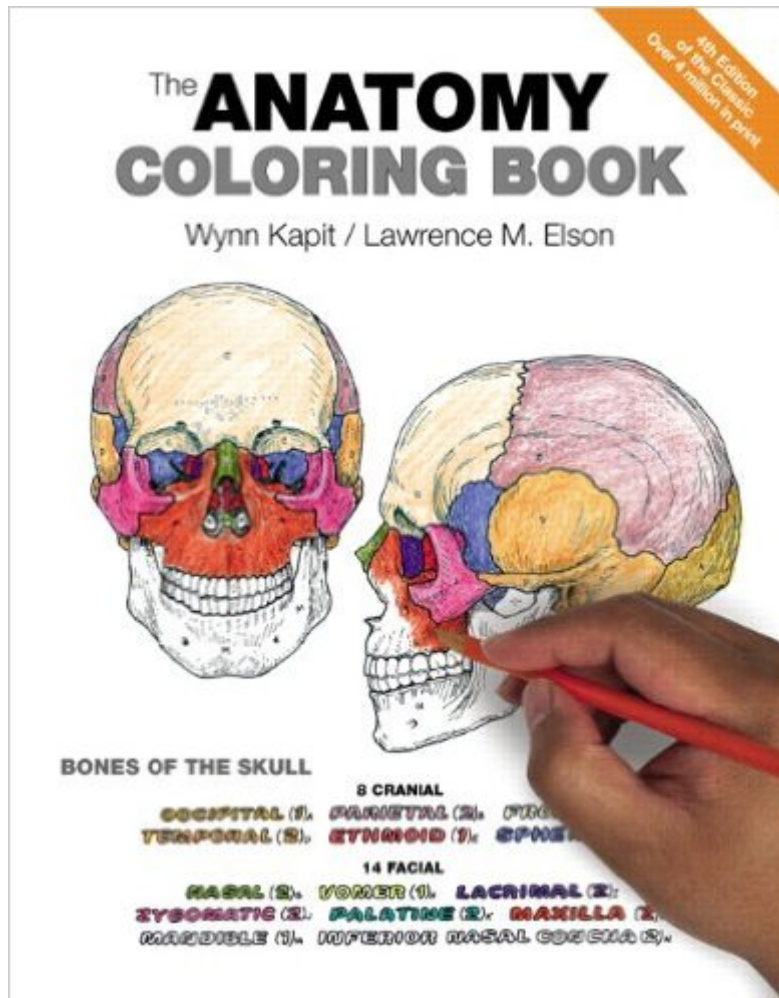


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# The Anatomy Coloring Book



## Synopsis

Why use this coloring book? Â For more than 35 years, The Anatomy Coloring Book has been the #1 best-selling human anatomy coloring book!Â A useful tool for anyone with an interest in learning anatomical structures, this concisely written text features precise, extraordinary hand-drawn figures that were crafted especially for easy coloring and interactive study. Organized according to body systems, each of the 162 two-page spreadsÂ featured in this book includes an ingenious color-key system where anatomical terminology is linked to detailed illustrations of the structures of the body. When you color to learn with The Anatomy Coloring Book, you make visual associations with key terminology, and assimilate information while engaging in kinesthetic learning. Studying anatomy is made easy and fun! Â The Fourth Edition features user-friendly two-page spreads with enlarged art, clearer, more concise text descriptions, and new boldface headings that make this classic coloring book accessible to a wider range of learners. Â

## Book Information

Paperback: 384 pages

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Product Dimensions: 8.5 x 1 x 10.7 inches

Shipping Weight: 1.8 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 starsÂ Â See all reviewsÂ (1,034 customer reviews)

Best Sellers Rank: #112 in Books (See Top 100 in Books) #1 inÂ Books > Textbooks > Science & Mathematics > Biology & Life Sciences > Anatomy & Physiology #1 inÂ Books > Medical Books > Basic Sciences > Anatomy #1 inÂ Books > Textbooks > Medicine & Health Sciences > Medicine > Basic Sciences > Anatomy

## Customer Reviews

IMPORTANT: Make sure you READ ALL the information in the section labeled "INTRODUCTION TO COLORING" BEFORE you start coloring your first page. This is located on pages "xii" and "xiii" in the front of the 4th edition. This book is very well thought out and there really is a "method to the madness" if you actually read and follow the directions. I've found it beneficial to read through all the NAMES first, checking for parts that have similar names. Second, choose SIMILAR COLORS for SIMILAR NAMES or FUNCTIONS. For example, I chose Red, Orange and Yellow for the

"Levators"; 2 colors of Blue for the "Zygomaticus Major" and "Zygomaticus Minor" and 2 shades of Brown for the "Depressors" (page 44). Then look over the basic diagram to get a feel for the order which they appear in the body. Assign the colors in order by location in the diagram. For instance, go from back to front as follows: Red (back), Orange (middle) then Yellow (front). This natural color transition helps solidify the order they appear from posterior to anterior or superior to inferior (whatever the case may be) etc. NOTE: I realize this takes extra time planning your colors, but it really makes it easier to memorize when there is a consistent plan in place for what the colors visually symbolize. Finally, color in the Name First then repeat the names while coloring in that particular portion of the diagram. . I also underline the names on the left page the same as the diagram color - just makes it faster to locate if I want to look for something later...not necessary, but nice. I pre-ordered my book as I wanted the newest edition. I LOVE MY BOOK and ended up having to order a couple of extras as gifts for my "nurse" friends who wanted a fun way to refresh their memory too!

I am using this book as a study tool for my Gross Anatomy course. Anyone who has taken an anatomy class can tell you that color-coding structures is one of the most helpful ways to remember them. There are drawings of bones, muscles, joints, organ systems and explanations of virtually everything that could possibly be covered in an anatomy class. The drawings are excellent and most of the features of the bones are labelled as well. This was very helpful to me since I had to memorize virtually every tubercle, ridge, groove, or other protuberance on every bone of the body. When I had trouble with the skull because the drawings in my class notes were horrible, the drawings in this book were much clearer and helped out a lot. If you are taking an anatomy class, this is a smart and relatively inexpensive investment that will help you remember everything better.

What a great book! Very detailed in it's drawings, and labeling. It tells you how to color a small amount of the specific part you are coloring, and then it tells you to use light colors on the rest. So on the rest, you can use whatever colors you want. I also bought Crayola 50ct Long Colored Pencils to use, (like another reviewer suggested) and they are perfect! Will post pictures.

I am a doctor now, but I used this book when I was a medical student and I thought it was great. Some people may say it does not have a lot of detail. But I thought the annotations were pretty detailed. And I had the 2nd Edition! There is no way you can know all that is in this book and NOT get a good grade on your anatomy final! The only downside, it's a bit time consuming, all that

colouring takes time. SO use it WITH your course work. Dont wait till you are close to exams, because you wont have time. To tell you how much i loved this book, i bought a copy of the 3rd edition for a friend of mine who is starting med school in september! BUY IT!!!!

I had a less than stellar grade in my A&P lab, 78%, and brought it up to a 92% within 3 weeks, all thanks to this book. You have to read the directions on the colouring pages to get the full effect. It does give a lot of freedom for colour choice, though. I photocopy the pages so I can colour multiple times, and sometimes I white out the names so I can practice labelling all the parts. The effect for me has been marvellous.

Just when you thought they couldn't improve on the original, they keep making it better. The third edition contains all the strengths of the first two editions with dynamite new additions that will help all students of anatomy. Go down to your local hobby shop and buy the biggest set of felt tip pens you can find. After the book is colored, it should be kept as a quick reference book. You color the labels to match the illustrations, so it's easy to look back and spot the name of the muscle, bone, organ, etc. Make sure to read the section on HOW TO USE THIS BOOK before you begin coloring. As the owner of a massage therapy school, we use this book and Salvo's Massage Therapy: Principles and Practice as our two main texts. It is incredible for those who are visual learners. We highly recommend it.

This is a great book. Being that anatomy consists of being a visual learner, utilizing the guidelines in the book to color in the different aspects of anatomy is extremely helpful. The diagrams are very detailed with excellent descriptions. I used colored pencils, they are a lot less messy and enable detail.

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